

<p>Next Meeting:</p> <p>January 16, 2020</p> <p>The monthly meeting of the Natick Garden Club will be held on Thursday January 16, 2020, at 6:30 pm at the Morse Institute Library 14 E. Central St.</p>	
<p>www.natickgardenclub.org</p>	<p>January 2020</p>

President’s Letter

Happy New Year! Although we aren’t digging outside, this season provides time for perusing seed and flower catalogs and giving extra attention to our indoor plants. And it’s the time to pay attention to the workings of the club. Attached to the newsletter are the club by-laws. I invite you, in fact, strongly encourage you, to read them and send me any comments. The nomination committee is also starting its work this month to establish a slate of positions to take effect at the Club’s annual meeting in June. On February 6, the NGC board meeting will be held in the Morse library at 7pm. All members are welcome to attend and participate.

Stay warm and enjoy each season for what it offers,

Laurie Adelstein

President 2019-2020



Joseph Tyehonievich

Dates to Remember

Thursday, January 16, 2020 - NGC monthly meeting, Morse Institute Library

Sunday, January 26, 2020 - NGC trip to Worcester Art Museum for Flora in Winter

Thursday, February 6, 2020 – Board of Gardeners meeting, 7-9 pm, Morse Institute Community Room

Wed-Sun, March 11-15, 2020 – Boston Flower & Garden Show, Seaport World Trade Center

Sunday, April 26, 2020 – Earth Day Celebration

January Program

Your Body in the Garden – Susan Guest

An avid gardener and certified fitness instructor, Susan explores the reality that gardening can be demanding on the body even though, when done correctly, it is a healthy and safe activity that benefits the mind, body, and spirit. In this presentation designed to promote “long-lasting gardeners,” Susan will provide tips and exercises for reducing strain in our garden work and will demonstrate the use of ergonomic tools. She will also discuss ways to make our gardens lower maintenance. <http://www.movesensebe.com/about-1/>



December Meeting

Pot Luck Holiday Dinner followed by “*Preserving the Tastes of Summer*”
presented by Karen O'Brien

After a sumptuous meal, our taste buds were kept stimulated by Karen O'Brien of The Green Woman's Garden. Her talk 'Preserving the Tastes of Summer' provided unique and practical uses for herbs year-round. She suggests drying herbs where it's dark and enough heat, ie put in a paper bag and put in the trunk of a car! The handout nicely describes the varied uses that she entertains with, and generously provided the NGC with samples. Of note, buy food grade ingredients if you are following her recipes, and always use caution with essential oils. Her preferred vinegars are white wine vinegar or apple cider vinegar, and she makes her sugars by hand, not with a food processor. Karen is a proponent of scented geraniums, which can last inside in the winter. See the handout for plenty of ideas to keep us dreaming of summer during this New England winter!





News, Notes, and Upcoming Events

Library Post Holiday Un-Decorating:

January 2, 2019

Thanks to Pat Collins, Ana Timmins, and Library Decorating chairs Rhea Gallagher and Fran Guthery, the Morse Library holiday decorations and giving tree were taken down, collected and have been safely stored for next year. Thanks to both those who decorated and the un-decorators.

Ordering NGC Logo Items at February and March meetings

Alison Parnes will have order forms for logo items at both the February and March meetings.

Items available include:

- Pink short-sleeve polo S-XL \$24, XXL \$26
- Navy short-sleeve polo S-XL \$24, XXL \$26
- Khaki Bucket Hat \$18.50
- Stone Baseball Hat \$15
- Apron \$19
- Tote Bag \$25
- And your own personal items can have a garden club logo as well \$8

Penny Pines

Reminder: We will be collecting for this cause again at the January meeting. Each \$68 we collect will purchase a “penny pine plantation”, and we are close to that amount now. The club has designated plantations purchased in the past to remember (Emma Regele) and honor (Shirley Fitzpatrick) long time members.

<http://gardenclub.org/projects/penny-pines.aspx>

Mark Your Calendars for these NGC activities...

Sunday, January 26, 2020 Flora in Winter at The Worcester Museum of Art.

Expect to be amazed at the stunning floral arrangements inspired by works of art at the Worcester Museum of Art. We will have a docent led tour of these beautiful floral creations and then enjoy a delicious lunch in the museum café. There will be time after lunch to explore the museum and of course check out the fantastic gift shop!

Depart from the Shoppers World Parking lot at **9 a.m.** Park in the middle of the lot between World Market and Barnes and Noble. This way we are not taking away from the prime shopping parking areas. The cost is \$20 and will be paid at the museum. Lunch at 11:30. **Please bring cash to pay for lunch.**

Unfortunately, they are not able to accommodate separate checks.

Please contact Elizabeth Carroll if you haven't already signed up! elizabethcarroll@gmail.com

Trip Coordinators: Elizabeth Carroll, Joanne Rampe and Carolyn Wirth

And for these local events of interest...

Tuesday, January 21, 2020 7:30 p.m.

Hopkinton Garden Club January Speaker Series presents "Spring Pruning" by J.R. Gable;

See <http://www.hopkintongardenclub.org/> for more information

Hopkinton Public Library

13 Main Street, Hopkinton. MA

Free and open to the public

Thursday, January 23, 2020 from 7-8:30 p.m.

Stop Mulch-scaping & Start Landscaping: Low Maintenance Ground Covers for Your Garden

The Gardens at Elm Bank - Parkman Classroom

900 Washington Street, Wellesley

Members: \$15, Non-members: \$20

Thursday, February 6, 2020 10:30 a.m.

Landscape Design Council (LDC) Winter Lecture: "Mabel Cabot Sedgwick, Marjorie Russell Sedgwick and their horticultural legacy at Long Hill"

The Gardens at Elm Bank

900 Washington Street, Wellesley

\$15 – registration required, see flyer attached to this email

Thursday, March 26, 2020 10:30 a.m.

Landscape Design Council (LDC) & GCFM President Bonnie Rosenthal's Native Plant Challenge "Designing with Native Plants"

The Gardens at Elm Bank

900 Washington Street, Wellesley

\$15 – registration required, see flyer attached to this email

And, for other events, classes, or workshops of interest, check these websites....

Arnold Arboretum <https://my.arboretum.harvard.edu/>

Garden Club Federation of Massachusetts <http://www.gcfm.org/Calendar-News/Calendar.aspx>

Garden in the Woods <http://www.newenglandwild.org/learn/our-programs>

Grow Native Massachusetts <https://www.grownativemass.org/>

Massachusetts Horticultural Society <https://www.masshort.org/Events>

Tower Hill Botanic Garden <http://www.towerhillbg.org/index.php/visit/what-s-happening/events-calendar/>

Useful link(s):

- The UMass Extension Gardener monthly e-Newsletter *Clippings* is always worth reading. You can subscribe at: <https://extension.umass.edu/landscape/home-garden-email-list>
- You can read the latest issue of the Garden Club Federation of Massachusetts' newsletter *The Mayflower* online at <https://www.gcfm.org/mayflower>
- Check the Central-South District page under clubs on the Federation's website to see what other clubs are doing, often there are open meetings. <https://www.gcfm.org/central-south-district>

Recommended Blogs:

<http://www.enchantedgardensdesign.com/blog/> Jana's blog is always a treat!
The current entry lists ten outstanding mail order nurseries, some within the range of a day trip.

<https://awaytogarden.com/> sign up here for Margaret Roach's free email newsletter; she gardens in Copake Falls NY in the Hudson River Valley, zone 5B so her advice is pertinent.

<http://gardenrant.com/> A recent blog pointed to a curated collection of good gardening videos.
You can see them here <https://goodgardeningvideos.org/>

Reminders:

- Vice President Jean Egerhei is now the contact for the NGC Sunshine Fund. If you know of a member who should receive a card from us, (illness, bereavement) please let Jean know at jegerhei@gmail.com or 508-655-7916.
- Recycle gardening magazines, catalogs or books you no longer want by bringing them to the meeting to pass on to club members, or go in the library magazine swap rack.
- Remember if you travel to places of horticultural interest, send your photos to Catherine Clifford at c.clifford90@comcast.net.

Regional Flower & garden shows

Connecticut Flower & Garden Show. Hartford, CT
February 20-23.
www.ctflowershow.com

Philadelphia Flower Show. Philadelphia, PA
Public: February 29 - March 8
www.theflowershow.com

The Maine Flower Show. Portland, ME
March 26-29
<https://maineflowershow.com/>

Newport Flower Show. Newport, RI
June 19-21
<https://www.newportmansions.org/events/newport-flower-show>

Our thanks to Laurie Adelstein, Elizabeth Carroll, Fran Guthery, Alison Parnes, Pat Polimeno and Sheila Tiberio for their contributions to this issue.

Catherine Clifford & Kate Grzesiuk